



**STRIDES FIGHT DIABETES**  
**Support The American Diabetes Association**  
**Saturday September 9<sup>th</sup>, 2023, 8:30-11:30**  
**Lions Club Matches 1<sup>st</sup> \$1,000**

**Facts to Know:**

1. Free pre-registration on TellicoLife POA Calendar Event: **STRIDES FIGHT DIABETES**
2. Day of the event registration - \$20 cash donation, the event takes place Rain or Shine!
3. Team up, register, and all walkers should rideshare due to limited parking

**How Walkers Can Help:**

4. Your goal is complete a minimum of 3 laps (1.5 miles) on the **outdoor “Jim Lilley” Trail**.
5. Solicit pledges per Lap or a Flat Rate, **try to reach or exceed \$30 for your walk**.
6. On the day of the event, check in for a wristband, and deliver your Pledges in **Cash or Check**.
  - a. Checks Payable To: **Tellico Village Lions Club**
  - b. Memo: **Strides ADA Contribution**
7. Cross the Strides Finish Line, grab a bottle of Water, Snacks, and **STRIDES** button.

**Earn A Prize!**

8. Largest Individual Pledge Package – 6 month Wellness Center Membership
9. Largest Team Pledge Package – 8 tickets to Lions Oktoberfest Event
10. Gift Certificates by random drawing of registered walkers

Walker and Team Name: \_\_\_\_\_ Phone \_\_\_\_\_

Pledge Name	Phone or E-Mail	Pledge per Lap	Flat Pledge	Payment Type	Date Paid

**Your participation is vital in defeating diabetes, because it is the leading cause of blindness in the USA for those aged 20 to 75. Your STRIDES pledges multiplied by the ADA efforts makes a big difference in people’s lives. If you cannot join us, make a STRIDES contribution. Send your check to the Tellico Village Lions Club, an IRS qualified 501(c)3 organization, EIN 42-1564429.**

- a. Payable to: **Tellico Village Lions Club**
- b. Memo: **Strides ADA Contribution**
- c. Mail To: **Tellico Village Lions Club, P.O. Box 872, Loudon, TN, 37774**

If you have a question or need more information, send an e-mail to [TVLIONS1@GMAIL.COM](mailto:TVLIONS1@GMAIL.COM)